

The Seven Catholic Sacraments

The Latin word *sacramentum* means "a sign of the sacred." The seven sacraments are ceremonies that point to what is sacred, significant and important for Christians. They are special occasions for experiencing God's saving presence. That's what theologians mean when they say that sacraments are at the same time *signs and instruments* of God's grace.

If you learn more about the sacraments, you can celebrate them more fully. To learn more about the individual sacraments, please follow the links below.

[Baptism](#)

[Marriage](#)

[Eucharist](#)

[Reconciliation](#)

[Confirmation](#)

[Holy Orders](#)

[Anointing of the Sick](#)

